



Community Resources & Supports for Students with Disabilities

Compiled by Rudolph Staff:
Bilingual & Vision Teachers
Case Manager
Related Service Providers
School Counselor

SY 2024-2025

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Bilingual

RCADD Trainings | Entrenamientos de RCADD

<https://drive.google.com/file/d/1RTZUVPRvIKZN0joWRnnOkHqfz667qt83/view>

- 2024 Entrenamientos Virtuales en Español:
 - Consejos y Apoyos Estructurados Para la Casa y la Escuela - 13 de septiembre de 2024
 - Estrategias Para Mejorar la Habilidad de Leer en Niños/as con Autismo - 11 de octubre de 2024
 - Apoyos Visuales para El Aprendizaje Socioemocional - 15 de noviembre de 2024

Occupational & Physical Therapy

Advocate Health Care - Occupational & Physical Therapy

3021 N Sheffield Ave.

Chicago, IL 60657

www.advocatehealth.com/health-services/rehabilitation-services/occupational-therapy

www.advocatehealth.com/health-services/rehabilitation-services/physical-therapy

(800) 323-8622

- **Description:** Advocate Health Care's licensed occupational therapists are equipped to work with patients of all ages, to improve or restore functional skills that have been disrupted by illness, injury, or aging. Advocate's physical therapists evaluate and treat patients of all ages for a wide range of musculoskeletal and neurological conditions.

Aquatic Therapy

Shirley Ryan AbilityLab

355 E Erie St.

Chicago, IL 60611

www.sralab.org/services/aquatic-therapy

(312) 238-1000

- **Description:** Aquatic therapy increases the speed of healing and improves outcomes. Increased buoyancy, resistance and hydrostatic pressure decrease pressure on joints, making it possible to "unweight" the patient. Warmth and increased motion lead to increased muscle activity, which in turn improves circulation and decreases inflammation and pain.

Chicago Park District Special Recreation

www.chicagoparkdistrict.com/special-recreation-programs

(312) 742-7529

- **Programs for Individuals with Physical Disability**
anc.apm.activecommunities.com/chicagoparkdistrict/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=adaptive&viewMode=list
 - **Description:** Intended for individuals with a primary physical disability. Programs include wheelchair sports, adaptive sports, and additional recreation opportunities.

Devices 4 The Disabled (D4D)

2701 W 36th Pl.

Chicago, IL 60632

devices4thedisabled.org

(773) 870-1553

- Description: Devices 4 the Disabled (D4D) collects and redistributes used durable medical equipment to those in need in the Chicago area. We provide wheelchairs, hospital beds, walkers, and other equipment for free because we believe no disability should prevent people from living the life they want to live.

Freedom Woods Therapeutic Riding

9501 Austin Ave.

Morton Grove, IL 60053

<https://freedomwoods.net/>

(847) 967-9800

- Description: Equine therapy/therapeutic riding/hippotherapy for children with disabilities.

HomeMod Program

www.chicago.gov/city/en/depts/mopd/provdrs/hous/svcs/accessible_home_modification_program-ages0-5911.html

- Description: The HomeMod Program provides accessibility modifications for Chicago residents with disabilities, with low income. Modifications may include ramps, porch and stairlifts, roll-in showers, widened doorways, accessible sinks, and cabinets.

Imagine Pediatric Therapy - Occupational & Physical Therapy

600 W Roosevelt Rd. Suite 2E

Chicago, IL 60607

www.imaginepeds.com/how-we-help/pediatric-occupational-therapy

www.imaginepeds.com/how-we-help/pediatric-physical-therapy

(312) 588-5050

- Description: Your children and family will work with our Occupational Therapists to learn the functional and independent skills needed for home, school, and community environments. Our Physical Therapists will work with your family, providing support for your child's gross motor development and motor planning.

The Kids Equipment Network (TKEN)

www.tken.org

- Description: As a non-profit 501c3, we're dedicated to connecting children with special needs to durable, adaptive equipment that helps them thrive. By growing

our financial resources, we're better able to provide equipment to every family with little to no funding that requests assistance at no cost. This helps kids with special needs—from birth to age 21—embrace their lives and become active, independent members of their communities.

Little You, Inc. - Occupational Therapy

11053 S Millard Ave.

Chicago, IL 60655

www.littleyouinc.com/occupational-therapy

(773) 253-9856

- **Description:** Occupational therapy services are available in our Chicago clinic, online, or in-home for children enrolled in the Illinois Department of Human Services Early Intervention program.

Lurie Children's Hospital - Occupational & Physical Therapy

2515 N Clark St. / 467 W Deming Pl.

Chicago, IL 60614

www.luriechildrens.org/en/specialties-conditions/pediatric-occupational-therapy

www.luriechildrens.org/en/specialties-conditions/pediatric-physical-therapy

(800) 543-7362

- **Description:** An occupational therapist will evaluate your child and with input from you (and appropriate additional family members and/or care providers), create individualized goals that allow you to resume or pursue the child's preferred and valued occupations. Our physical therapists evaluate and treat premature babies, full-term infants, young children, pre-teens and teens having health issues associated with motor development and movement dysfunction due to disease or injury.

RUSH - Pediatric Occupational & Physical Therapy

2400 N Sheffield Ave.

Chicago, IL 60614

<https://www.rushpt.com/contact/find-a-location/il/chicago/depaul-fullerton-pediatrics/>

(773) 389-2202

- **Description:** We look forward to helping your child with their physical and occupational therapy needs. Our highly-trained clinical team will design a specialized plan of care that is just right for your child. Through experience, advanced clinical training and clear communication with our patients and their parents, our therapy team will assist your child in achieving their highest potential by reaching their developmental milestones.

Saint Anthony Hospital - Occupational & Physical Therapy

4455 S Kedzie Ave.

Chicago, IL 60632

sahchicago.org/hospital-services/rehabilitation-services

(773) 523-2416

- Description: The Occupational Therapy Department offers programs to help patients regain day-to-day movements or skills for both medical and cognitive conditions. The Physical Therapy team is comprised of some of the most courteous, professional-trained staff with specialized expertise including pulmonary and post-stroke rehab.

Shirley Ryan AbilityLab - Occupational & Physical Therapy

355 E Erie St.

Chicago, IL 60611

www.sralab.org/services/occupational-therapy

www.sralab.org/services/physical-therapy

(312) 238-1000

- Description: An OT or PT will work with you to develop an individualized treatment plan. These plans might include: activities to help increase balance, mobility, strength, endurance, and range of motion; help you gain more independence with daily activities and routines; working on arm strength and coordination; utilizing state-of-the-art equipment to monitor and assess progress; and more.

UChicago Medicine, Comer Children's - Pediatric Occupational & Physical Therapy

5721 S Maryland Ave.

Chicago, IL 60637

www.uchicagomedicine.org/comer/conditions-services/pediatric-therapy-services

(773) 702-6169

- Description: We treat children from birth to age 18 in both inpatient and outpatient settings. Our therapists give children the confidence to interact with peers and play with their friends. The result is confident children and adolescents who are motivated and determined to lead promising lives.

Victory Reins Therapeutic Riding Center

11900 W Offner Rd.

Peotone, IL 60468

www.victoryreins.org/about-us

(815) 382-8694

- Description: Our mission is to help students with disabilities connect emotionally and physically with our animals, as well as work with at-risk youth. We opened our facility in 2007 to create a sanctuary where our students can spend their time riding horses and meeting other animals, while also receiving the benefits of equine therapy.

Social Work, Psychology, Behavioral Interventions

Lumiere Children's Therapy - Social Work

1500 N Clybourn Ave. Suite C-105

Chicago, IL 60610

www.lumierechild.com/social-work

(312) 242-1665

- Description: Every day social interactions and communication may create stress on both the family and the child. By supporting your child through social work and behavior therapy, we help improve emotional expression, problem solving and communicative skills.

Ms. Jackie's Coping Kit (*updated periodically*)

drive.google.com/drive/folders/1wJzyVOA1XamOasIPS8jkKWmzijYCFEIP?usp=drive_link

- Description: Help children utilize activities in this Coping Kit to check in with their feelings and practice positive coping skills at home. The online kit includes worksheets, videos, activities, helpful resources, and more.

Tuesday's Child

3633 N California Ave.

Chicago, IL 60618

www.tuesdayschildchicago.org

(773) 573-6936

- Description: Tuesday's Child helps families address behavioral issues through individualized training for both parents and children. Our evidence-based program centers on an individualized approach that enables our team to address each family's specific situation.

UChicago Medicine, Comer Children's - Developmental & Behavioral Pediatrics

5721 S Maryland Ave.

Chicago, IL 60637

www.uchicagomedicine.org/comer/conditions-services/developmental-behavioral-pediatrics

(773) 702-6169

- Description: You want the best for your child, and you're concerned about his or her development, behavior or learning. Maybe he or she's crying a lot, having trouble with understanding and using language, socially withdrawn or is having a

hard time concentrating on schoolwork. We help families understand their child's developmental or behavioral issues. Our experts can assist your family and your child's primary care physician in the diagnosis, monitoring and treatment of complex developmental, behavioral, learning and genetic disorders.

Speech/Language

Advocate Health Care - Pediatric Speech Therapy

3021 N Sheffield Ave.

Chicago, IL 60657

www.advocatehealth.com/health-services/rehabilitation-services/speech-therapy

(800) 323-8622

- Description: Our pediatric speech-language pathologists work with children and adolescents who exhibit problems with speech, language and/or feeding due to a developmental delay, motor delay or injury.

Háblame Speech Therapy

www.hablamespeechtherapy.com

(773) 937-5011

- Description: We provide bicultural, bilingual, pediatric speech and language therapy services. We offer individualized patient-centered care in the comfort of your home or online via teletherapy.

Imagine Pediatric Therapy - Speech Therapy

600 W Roosevelt Rd. Suite 2E

Chicago, IL 60607

www.imaginepedts.com/pediatric-speech-therapy

(312) 588-5050

- Description: Your children and family will get support from our Speech-Language Pathologists in speech, language, communication, and feeding, including language acquisition and development, augmentative and alternative communication (AAC), use of social language, sound production, and oral motor and feeding skills.

Illinois Assistive Technology Program (IATP)

701 N Walnut St.

Springfield, IL 62702

www.iltech.org

(217) 522-7985 or (800) 852-5110

- Description: IATP provides free information and assistance on assistive technology and other related disability and aging topics.

Insight Hospital & Medical Center - Speech Therapy

2525 S Michigan Ave.

Chicago, IL 60616

insightchicago.com/outpatient-clinics

(312) 567-2000

- Description: Speech therapy is a specialized area of healthcare that focuses on helping individuals who have difficulty with communication and swallowing.

Little You, Inc. - Speech Therapy

11053 S Millard Ave.

Chicago, IL 60655

www.littleyouinc.com/speech-therapy

(773) 253-9856

- Description: Speech, language, and feeding therapy services are available at our Chicago clinic, online, or in-home for children enrolled in the Illinois Department of Human Services Early Intervention program.

Lurie Children's Hospital - Pediatric Speech Therapy

2515 N Clark St. / 467 W Deming Pl.

Chicago, IL 60614

www.luriechildrens.org/en/specialties-conditions/pediatric-speech-therapy

(800) 543-7362

- Description: The Department of Speech-Language Pathology at Lurie Children's offers comprehensive and individualized care to children and adolescents with communication and feeding-swallowing disorders. As one of the Midwest's major referral centers, we care for children with a variety of pediatric speech, language and feeding-swallowing disorders. We believe in family-centered care, which means we involve the whole family in a patient's treatment plan. From bringing family members into care plan meetings, to providing support and distraction to a patient's siblings, we do our best to help fit our care within your lifestyle.

Palabras Speech Therapy, LLC

4809 N Ravenswood Ave.

Chicago, IL 60640

www.palabrasespeechtherapy.com

(773) 717-3015

- Description: Palabras Speech Therapy LLC offers pediatric speech and language therapy services in both English and Spanish to Chicago.

RUSH - Pediatric Speech Therapy

2400 N Sheffield Ave.

Chicago, IL 60614

www.rushpt.com/contact/find-a-location/il/chicago/depaul-fullerton-pediatrics/

(773) 389-2202

- Description: We offer specialized programs including Foundations for Learning (an early learning program for children with autism spectrum disorder), feeding, bilingual speech-language, and ABA therapy.

Saint Anthony Hospital - Speech Therapy

4455 S Kedzie Ave.

Chicago, IL 60632

sahchicago.org/hospital-services/rehabilitation-services

(773) 523-2416

- Description: The Speech Department treats speech, language and voice disorders in a supportive and child-friendly environment. Speech therapy includes prevention, identification, evaluation, treatment, education and rehabilitation of communication disorders.

Saint Xavier University - Ludden Speech and Language Clinic

3700 W 103rd St.

Chicago, IL 60655

www.sxu.edu/student-life/health-wellness/ludden-clinic/index.html

(773) 298-3571

- Description: The Ludden Speech and Language Clinic at Saint Xavier University provides identification, prevention and treatment of a variety of communication disorders by trained clinicians in a supportive, caring environment.

Shirley Ryan AbilityLab - Speech-Language Pathology

355 E Erie St.

Chicago, IL 60611

www.sralab.org/services/speech-language-pathology-0

(312) 238-1000

- Description: Our speech-language pathologists (SLPs) assess and treat speech, language, social communication, cognitive-communication, and swallowing disorders in children and adults.

The University of Chicago Medicine - Center for Speech & Swallowing Disorders

5841 S Maryland Ave.

Chicago, IL 60637

www.uchicagomedicine.org/conditions-services/ear-nose-throat/speech-and-swallowing-disorders

(773) 702-1000

- Description: The Center for Speech and Swallowing Disorders provides diagnostic and therapeutic services for individuals of all ages who have problems with speech, language comprehension and production or swallowing function.

Vision & Deaf/Hard of Hearing

Chicago Park District Special Recreation

www.chicagoparkdistrict.com/special-recreation-programs

(312) 742-7529

- **Programs for Individuals who are Blind or Visually Impaired**
anc.apm.activecommunities.com/chicagoparkdistrict/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=blind&viewMode=list
 - Description: Intended for individuals who are blind or visually impaired. Programs include adaptive sports and additional recreation opportunities.
- **Programs for Individuals who are Deaf or Hard of Hearing**
anc.apm.activecommunities.com/chicagoparkdistrict/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=deaf%20%26%20hoh&viewMode=list
 - Description: An opportunity for individuals with all types of hearing loss from early childhood through adulthood to interact with each other while enjoying a variety of year-round specialized recreational activities.

The Chicago Lighthouse

www.chicagolighthouse.org

- Description: The Chicago Lighthouse is a world-renowned social service organization serving the blind, visually impaired, disabled and Veteran communities. They provide vision rehabilitation services, education, employment opportunities and assistive technology for people of all ages.

Saint Anthony Hospital - Audiology

4455 S Kedzie Ave.

Chicago, IL 60632

sahchicago.org/hospital-services/rehabilitation-services

(773) 523-2416

- Description: Audiologists at Saint Anthony offer complete hearing assessments and treatments, as well as hearing aid evaluations and dispensing. Our audiologists work with patients of all age groups, performing: Hearing tests for adults, children and infants; Hearing aid fittings and repairs.

Financial Assistance

Diverse Learners Recovery Fund for Students with Disabilities

www.adamopd.com

- Description: We encourage Chicago families of students with disabilities to apply for a chance to receive a one-time financial assistance payment. \$500 per student, two students maximum per household. The Diverse Learners Recovery Fund is dedicated to aiding families of students with disabilities affected by COVID-19. It operates as a lottery-style grant drawing, offering a one-time cash grant of \$500 to eligible K-12 students with disabilities. Up to 8,000 applicants will be selected through the lottery to receive the grant. Submitting an eligible application does not guarantee you will receive the funds.
- The Diverse Learners Recovery Fund [Application](#) will be open through 11/15/24.

Illinois ABLE (IL ABLE)

illinoisable.com

- Description: IL ABLE “Achieving a Better Life Experience” Accounts give people with disabilities and their families greater financial independence while preserving benefits, such as SSI, SSDI, and Medicaid. A high-quality, low-cost IL ABLE savings and investment Account can be opened by an Eligible Individual, or Authorized Individual, at any time, no matter what state they live in. IL ABLE Accounts make it possible for people with disabilities and their families to save and invest their money for expenses related to living with a disability.

Food, Housing, Clothing

ActivStyle - Free Diaper Delivery Service

www.activstyle.com/home-medical-supplies-medicaid-covered/pediatric-supplies

(877) 379-2313 or (888) 280-8632

- Description: Children with disabilities are eligible for diapers, pull-ups, liners, and more that are delivered to your home. When you call, they will ask for your insurance information, child's diagnosis, and doctor's information, as they request a prescription in order to process the delivery service. The amount of diapers are based on each child's needs and can be delivered once every 30 days.

Affordable Rental Housing Resource List

www.chicago.gov/city/en/depts/doh/provdrs/renters/svcs/affordable-rental-housing-resource-list.html

- Description: The Department of Housing (DOH) works to develop and support affordable housing initiatives citywide. If you are looking for an affordable rental unit to call home, see the attached list of affordable rental housing opportunities that have been supported and developed through the City of Chicago.

Casa Hernandez Community Space & Free Store

3519 W North Ave.

Chicago, IL 60647

- Description: A free store run by Humboldt Park Solidarity Network that offers food, clothing, and toys. Hours are Mondays & Wednesdays from 5-7pm and Saturdays from 11-2pm.

Catholic Charities - Crisis Assistance

www.catholiccharities.net/crisis-assistance/

(312) 744-5000 or 311

- Description: Services include burial and funeral assistance; case management services, emergency rental assistance, utility assistance, emergency shelter services, and stabilization services (pharmaceutical assistance, transportation assistance, clothing vouchers).

Catholic Charities - Food, Rent, and Utility Assistance

www.catholiccharities.net/food-and-basic-needs

(312) 655-7700

- Food Pantry Locations:
www.catholiccharities.net/food-and-basic-needs/food-pantries

Catholic Charities - Housing

www.catholiccharities.net/homelessness-prevention/housing-access

(312) 744-5000 or 311

- Description: Catholic Charities Housing Access programs help individuals and families find safe, affordable places to call home. Team members also provide wrap-around services, resources, and referrals for people living across Cook and Lake counties.

Chicago Community Service Centers (*multiple locations, listed below*)

www.chicago.gov/city/en/depts/fss/supp_info/community_servicecenterlocations.html

- Description: Community Service Centers help individuals and families in need access a wide range of resources from shelter, food and clothing to domestic violence assistance, job training/placement and services for the formerly incarcerated. Clients can also get information about rental, utility and other financial assistance programs. The centers also serve as warming and cooling centers during periods of extreme weather. All center hours are 9am to 5pm, Monday through Friday.
 - Englewood Community Service Center
1140 West 79th St.
Chicago, IL 60620
(312) 747-0200
 - Garfield Community Service Center
10 South Kedzie Ave.
Chicago, IL 60612
(312) 746-5400
 - Dr. Martin Luther King Jr. Community Service Center
4314 South Cottage Grove
Chicago, IL 60653
(312) 747-2300
 - North Area Community Service Center
845 West Wilson Ave.
Chicago, IL 60640

(312) 744-2580

- South Chicago Community Service Center
8650 South Commercial Ave.
Chicago, IL 60617
(312) 747-0500
- Trina Davila Community Service Center
4312 West North Ave.
Chicago, IL 60639
(312) 744-2014

Chicago Dream Center

New Life Community Center
2704 W North Ave.
Chicago, IL 60647

www.chicagodreamcenter.org/manna-for-life.html

- Description: Supplying the needs of hungry people is the goal of the food pantry. We also believe in educating the community about hunger and collaborating with other resources that will help address basic human needs. In addition to distributing groceries, we also dispense clothing. Hours are Saturdays from 10:30-noon (families began to arrive and form a line outside as early as 8am).

Chicago Housing Authority

www.thecha.org

- Description: The Chicago Housing Authority offers affordable rental housing opportunities. Waitlists are open. Apply at any time. For eligibility requirements and to place your name on a waitlist, visit applyonline.thecha.org.

ComEd Bill Payment Assistance

<https://secure.comed.com/assistance/landing>

- Description: ComEd offers many types of assistance. Let the Smart Assistance Manager (SAM) match you with the right option. Explore programs without having to contact customer service and let us guide you through the application process. For the best experience, sign in to your account to get personalized recommendations.

Cradles to Crayons

www.cradlestocrayons.org/chicago/family-assistance

(312) 767-1008

- **Description:** At Cradles to Crayons, our whole purpose is to help families like yours to get the everyday essentials your children need. So we can assist as many families as possible, we give out these items through our network of Service Partners who are already in the community. Items provided through Service Partners include: seasonally appropriate clothing, footwear, books, diapers, jackets & winter coats, hats & gloves, school & art supplies, and hygiene kits.

The Love Fridge

www.thelovefridge.com/find-a-fridge

- **Description:** The Love Fridge is a Chicago-based initiative created to nourish our communities through mutual aid. Our volunteers come from all over Chicago, working within their own neighborhoods to collaborate with like-minded partners to place community refrigerators across the city. These refrigerators, painted by local artists to reflect the communities in which they live, provide neighbors the opportunity to donate food as well as take what they need, ensuring accessible food 24/7.

Low Income Home Energy Assistance Program (LIHEAP)

www2.illinois.gov/dceo/CommunityServices/UtilityBillAssistance/Pages/default.aspx

(833) 711-0374

- **Description:** The Low Income Home Energy Assistance Program (LIHEAP) helps eligible low-income households pay for home energy services (primarily heating during winter months). Illinois residents with a household income that does not exceed an amount determined annually by the Department of Commerce are eligible. Annual eligibility levels are determined based on available funding and may not exceed 200% of the federal nonfarm poverty level.

Rental Assistance Program (RAP)

www.chicago.gov/city/en/depts/fss/provdrs/serv/svcs/how_to_find_rentalassistanceinchicago.html

- **Description:** The Rental Assistance Program (RAP) provides funding to Chicagoans who are at risk of becoming homeless. RAP helps Chicagoans who have housing right now, but who may become homeless soon because they lost income or had another eligible emergency which prevents them from paying rent. RAP is open to all Chicago residents regardless of legal immigration status. Rental assistance is not a “public-charge” benefit.

Medical & Dental Care

Chicago Pediatric Dentistry & Orthodontics

1136 S Delano Ct. #202

Chicago, IL 60605

www.chicagopedortho.com/special-needs-dentistry.html

(312) 436-0593

Dentistry for Children

1721 N Halsted St.

Chicago, IL 60614

dfchildren.com/about/

(312) 988-9855

La Rabida Children's Hospital

6501 S Promontory Dr. #1003

Chicago, IL 60649

<https://larabida.org/>

(773) 363-6700

Lurie Children's Hospital

225 E Chicago Ave.

Chicago, IL 60611

www.luriechildrens.org

(800) 543-7362

Lurie Children's Hospital - Pediatric Dentistry

467 W Deming Pl.

Chicago, IL 60614

www.luriechildrens.org/en/specialties-conditions/dentistry/

(312) 227-6050

Milktooth Dental

2127 W Chicago Ave.

Chicago, IL 60622

www.milktoothdental.com/what-we-do/special-needs-dentistry

(773) 904-0095

Shirley Ryan AbilityLab

355 E Erie St.
Chicago, IL 60611
www.sralab.org
(312) 238-1000

Shriners Children's

2211 N Oak Park Ave.
Chicago, IL 60707
www.shrinerschildrens.org/en/locations/chicago
(464) 217-0955

Tooth Fairy World

1525 E 55th St. #303	2069 N Clybourn Ave.
Chicago, IL 60615	Chicago, IL 60614
(773) 947-8884	(773) 327-3331

www.toothfairyworlddentistry.com/services/pediatric-dentistry/special-needs-dentistry/

Parent & Family Support

Developmental Disabilities Family Clinic

1640 W Roosevelt Rd. Room 103

Chicago, IL 60612

ahs.uic.edu/developmental-disabilities-family-clinic

(312) 413-1871

- **Description:** At the Developmental Disabilities Family Clinic, we work with children and adults with developmental disabilities and their families to get the support and services they need. Services and supports include: Autism support, transition to adulthood services & future planning (including guardianship), early intervention for babies & toddlers, emotional & behavioral consultation, dual diagnosis, social skills & relationships, and trauma.

Division of Specialized Care for Children (DSCC)

dsc.uic.edu

(800) 322-3722

- **Description:** We partner with families, doctors, schools and others to develop a plan of care that addresses a child's medical, social, behavioral, educational and financial needs. This process is called care coordination and is FREE, regardless of a family's income level. We can also help pay for eligible medical expenses, such as equipment, therapies, supplies and medical services, when families meet our income guidelines.

Equip for Equality

20 N Michigan Ave. Suite 300

Chicago, IL 60602

www.equipforequality.org

(312) 341-0022

- **Description:** Equip for Equality is an independent agency whose primary goal is to protect the civil and human rights of people with disabilities. We accomplish this through five strategies: self-advocacy assistance, legal services, public policy, monitoring, and training.

Family Resource Center on Disabilities (FRCD)

11 E Adams St. Suite 615

Chicago, IL 60603

frcd.org

(312) 939-3513

- Description: Providing parents of children with disabilities with information, training, assistance, and support.

IDHS Division of Rehabilitation Services

www.dhs.state.il.us/page.aspx?item=29736

- Description: DHS's Division of Rehabilitation Services is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

Mayor's Office for People with Disabilities

121 N LaSalle St.

Chicago, IL 60602

www.chicago.gov/city/en/depts/mopd.html

(312) 744-7050

- Description: The Mayor's Office for People with Disabilities (MOPD) strives to ensure full participation and equal opportunities in all aspects of life for people with disabilities. We advocate for and directly support programs that improve quality of life and open pathways for innovation and partnership. With a goal of inspiring positive change in Chicago, we work to ensure the rights of the disability community are equitably represented across City services, initiatives, and policies.

PUNS (Prioritization for Urgency of Need for Services)

www.dhs.state.il.us/page.aspx?item=85196

(866) 376-8446

- Description: PUNS is a database of Illinois children, adolescents, and adults with developmental disabilities who want or need developmental disability services. The PUNS database helps the Division of Developmental Disabilities identify and plan for your services. When you enroll your child, Illinois places your child's name on a priority list for various support services. Funding for the services varies year by year and month by month. Services include: in-home support, supported employment with or without a job coach, residential living arrangements, self-direction assistance, adaptive equipment, and other supports.

Resource Center for Autism and Developmental Delays (RCADD)

1640 W Roosevelt Rd. Room 650

Chicago, IL 60612

cfl.uic.edu/overview/rcadd

(312) 413-4441

- Description: RCADD provides support for those who care for, teach, and serve children with an Autism Spectrum Disorder or other developmental delays. RCADD offers support at no cost to our patrons in the form of resources, referrals, training, and ongoing consultations for families and professionals. Services include: access to the lending library, individual consultations, visual support creation, statewide referrals, IEP advocacy, and workshops.

The Autism Program of Illinois (TAP)

tap-illinois.org

(217) 953-0894 x 30479

- Description: The Autism Program of Illinois serves and supports persons with Autism Spectrum Disorder and their families through a coordinated network of providers, parents, and university programs while developing, utilizing, and sharing best and promising practices.

Respite Care

Almost Home Kids

211 E. Grand Ave, 6th Floor

Chicago, IL 60611

www.almosthomekids.org/services

(312) 229-0170

- **Description:** The short term stay is for a child who has medical complexities and/or may be technology assisted. From a 24 hour stay to one lasting up to 14 days, each child is provided with medical/nursing care and recreational activities in a secure and therapeutic environment. Families may choose this program for a variety of circumstances: temporary absence of private duty nursing care at home, parent illness, vacations, family emergencies and much needed rest.

Association House of Chicago

1116 N. Kedzie Ave.

Chicago, IL 60651

www.associationhouse.org/developmental-disabilities

(773) 772-8009

- **Description:** Temporary relief for caregivers or parents. Respite services are provided at the residence of the person with disabilities at no cost. Respite is a service for children and adults with developmental disabilities who require constant supervision.

Community Service Options (CSO)

6845 S. Western Ave.

Chicago, IL 60636

www.cso1.org/services

(773) 471-4740

- **Description:** Voucher Respite program provides funding for planned or emergency care provided to an individual with an I/DD in order to provide temporary relief to the caregiver of such individual. Voucher Respite is on a temporary basis in a non-state funded setting, including the family home. Individuals who receive respite services must have a developmental disability. They must reside in the City of Chicago and not currently receive any I/DD funded services. Exception will be made for individuals in day programs only. Primary caregiver must reside in the same physical location as the person needing and/or receiving respite services.

JCFS Chicago

6639 N. Kedzie

Chicago, IL 60645

www.jcfs.org/our-services/children-adolescents/recreation-social-opportunities/respite

(773) 765-3160

- Description: Group Respite offers a fun, playful afternoon where children with intellectual/developmental disabilities can participate in a variety of social and recreational activities. Parents and caregivers can enjoy a well-deserved break knowing that their child is engaged and supported by caring and dedicated respite workers. Group Respite is offered at our West Rogers Park location.
- Voucher Respite provides parents/caregivers of a child or adult with intellectual/developmental disabilities with a stipend that can be used to pay for a respite worker that the family hires and pays to provide support, or to help pay for social/recreational programs for the person with a disability. Vouchers are provided in the form of a reimbursement to the parent/caregiver.

Other

Adaptive Climbing Group - Indoor Rock Climbing

Brooklyn Boulders Chicago

100 S Morgan St.

Chicago, IL 60607

www.adaptiveclimbinggroup.org/chapters

(312) 268-0002

- Description: Adaptive Climbing Group creates accessible, affordable, and transformational climbing opportunities for youth with disabilities. We offer opportunities for inclusive climbing to ages 5-17 years old and all abilities. No prior experience needed. All climbing gears will be provided for climbers.

Alamo Drafthouse Wrigleyville

3519 N Clark St. Suite C301

Chicago, IL 60657

drafthouse.com/chicago/program/alamo-for-all

- When: Tuesdays before 2pm
- Description: Welcome to Alamo for All - a movie program for young families and guests with special needs. All shows starting before 2pm on Tuesdays follow Alamo for All rules, with more shows on the weekends. Schedule may vary during holidays. At sensory-friendly Alamo for All shows, lights are turned up and sound is turned down; all ages are welcome (including infants); talking and noise is allowed and guests can move around; latecomers are admitted; and adaptive technology is welcome (but no other electronics, please).

AMC Sensory Friendly Films

www.amctheatres.com/programs/sensory-friendly-films

- When: Second and fourth Saturday of every month
- Description: AMC is proud to partner with the Autism Society to offer unique movie showings where we turn the lights up, and turn the sound down, so you can get up, dance, walk, shout or sing! Our family-friendly Sensory Friendly Film program is available on the second and fourth Saturday. Please check your local theater listings for specific showtimes.

Bel Air Martial Arts & Fitness - Jiu Jitsu

2657 N Clybourn Ave.

Chicago, IL 60614

www.teambelair.com/neurodiverse-youth/

(872) 216-4535

- Description: Our goal is to create a safe, inclusive, and positive environment where all students (ages 6-15) can learn martial arts to develop fitness, focus, social skills, and confidence. While most of our neurodivergent students have a diagnosis (i.e., ADHD, Autism, anxiety, sensory processing disorder, ODD, etc.), our program helps any child that may show or experience a high degree of distraction, defiance, anxiety, sensory, withdrawal, emotion, impulsivity, and/or incoordination.

Build-a-Bear Workshop

Navy Pier

600 E Grand Ave.

Chicago, IL 60611

www.buildabear.com/sensory-friendly-events.html

(312) 832-0114

- When: Every Tuesday for the first hour of the day (11am-12pm)
- Description: Build-A-Bear Workshop means fun for everyone! We're proud to support children with autism and other special needs by providing sensory-friendly events at all Workshop locations. Sensory-Friendly time is designed to provide a less-stimulating Workshop experience that's still fun-filled and unforgettable. Our Bear Builders are here to make sure each Guest goes through the Build-A-Bear experience in a way that's comfortable for them. Sensory-Friendly time includes dimmer lighting, little to no music playing in the store, a step-by-step informational guide that allows parents/guardians to plan their Workshop experience in advance, and all ages and siblings are welcome.

Chicago Center for Music Education (ChiME) - Buddy Band

1148 W Chicago Ave.

Chicago, IL 60642

www.chimemusic.org/early-childhood-657281-172314-262805.html

(312) 738-2646

- When: Tuesdays 4:30-5:15pm (Oct 1-Dec 17) or Saturdays 10:45-11:15am (Oct 5-Dec 14)
- Description: Buddy Band is an inclusive, musical group that aims to break down barriers by bringing children with and without disabilities together to make music and to form friendships. Each week, Buddies work not only on learning parts on their instruments, but on relationship-building skills and social skills. Participants are encouraged to learn about each other and support each other through fun, engaging musical activities and diverse repertoire. \$75 registration.

Chicago Children's Museum at Navy Pier - "Play for All"

700 E Grand Ave, Suite 127

Chicago, IL 60611

www.chicagochildrensmuseum.org/play-for-all

- **Description:** Chicago Children's Museum's Play for All initiative creates a community where play and learning connect for visitors of all abilities. Play for All invites children and families with disabilities and Chicago Children's Museum members to come and experience CCM's inclusive, multisensory exhibits and programs.

Chicago Park District Special Recreation

www.chicagoparkdistrict.com/special-recreation-programs

(312) 742-7529

- **Programs for People with Intellectual Disabilities**
www.chicagoparkdistrict.com/programs-memberships/special-recreation-locations-contacts
 - **Description:** Designed to provide opportunities that will enhance skill development, encourage socialization, and promote independence for individuals with intellectual disabilities and developmental delays. Also, includes sports training programs with opportunities to compete in Special Olympics competitions.

Chuck E. Cheese - Sensory Sensitive Sundays

5030 S Kedzie Ave. 1830 W Fullerton Ave.

Chicago, IL 60632 Chicago, IL 60614

(773) 476-0500 (773) 871-2484

www.chuckecheese.com/sensory-sensitive-sundays/

- **When:** First Sunday of the month
- **Description:** Chuck E. Cheese is proud to support families who have children with autism and other special needs. Through our Sensory Sensitive Sundays program, we're able to offer families a quieter dining and entertainment environment, dimmed lighting, and a sensory-friendly arcade experience. Our sensory-friendly events also include a trained and caring staff to ensure each guest has a safe, fun-filled visit.

Five Keys Yoga - Yoga for All Abilities

1818 W. Belmont Ave

Chicago, IL 60657

www.5keysyoga.com/yoga-for-all-abilities.html

(773) 857-1763

- Description: Each class is tailored to the individual student, working to augment strengths and improve breathing, posture, and movement patterns. A typical class begins by working with simple chants, which relax and focus the mind and begin the process of mind-body integration. Next, we work on breathing exercises designed to deepen breathing and calm the mind. Some children may work on eye exercises and then, we work on yoga poses geared to the child. We end with a session of deep relaxation, leaving children with a sense of well being.

HMD Academy - Tae Kwon Do for Special Needs Children

4043 N Ravenswood, Suite 118

Chicago, IL 60613

taekwondo-chicago.com/special-needs

(773) 549-0285

- Description: Motor-skill coordination, readiness to engage and respond to verbal and visual direction, ignoring unimportant stimuli and social interaction are part of our program. Training programs for children with ADHD, autism spectrum disorder, and/or other special needs are developed in concert with parents, depend upon the individual student's needs and may consist of group and private instruction.

Hubbard Street Dance - Adaptive Dance Videos

www.hubbardstreetdance.com/education-community/autism-project/

- Description: While all of our classes are inclusive, we recognize that some dancers need additional assistance to reach their full potential. Hubbard Street's Adaptive Dance Programs support the needs of all students. Using dance-specific visual supports, students explore dance technique and the choreographic process using developmentally appropriate methods.

iFly Indoor Skydiving - All Abilities Night

800 W Scott St.

Chicago, IL 60610

www.iflyworld.com/programs/all-abilities/

(779) 368-4359

- Description: The dream of flight is accessible to all at iFly's All Abilities Night, a supportive and inclusive program designed especially for those with physical and cognitive challenges. Specially trained instructors will provide assistance and individualized attention and accommodations based on the participant's needs. Traits of children/adults with physical challenges who can indoor skydive are:

partial sight or blindness; partial paralysis such as paraplegia or quadriplegia; physical deformities and amputees; and those with limited mobility due to other reasons. Traits of children/adults with cognitive challenges who can indoor skydive are: neurodevelopmental disorders including ADHD, autism, and learning disabilities; neurologic disorders including cerebral palsy; muscular dystrophies; and mental health disorders including anxiety, depression, OCD, and PSD.

Joffrey Ballet - Adaptive Dance

Joffrey Tower

10 E Randolph St.

Chicago, IL 60601

joffrey.org/education/academy/academy-programs/adaptive-dance

(312) 784-4600

- Description: The Joffrey Ballet's JAM (Joffrey Abilities in Motion) dance classes prioritize providing a welcoming space for individuals with disabilities and neurodivergent children and teens. Participants will have the opportunity to explore music and a variety of movements in a supportive environment.

Judo & Karate - Shirley Ryan AbilityLab

Menomonee Club

1535 N Dayton St.

Chicago, IL 60642

www.sralab.org/weekend-programs

- Description: Shirley Ryan AbilityLab's Youth Adaptive Sports (formerly Caring for Kids) program provides adaptive sport and recreation programs for children with physical impairments or conditions. Classes are free of charge.

KEEN - "Kids Enjoy Exercise Now"

UIC Sport and Fitness Center

828 S Wolcott Ave.

Chicago, IL 60612

www.keenchicago.org

(312) 876-2535

- Description: Programs are all open and unstructured, providing all of our Athletes the opportunity to have fun and be successful. KEEN programs are open to all youth ages 5-21 with physical or developmental disabilities. Certain programs are for select age groups only. *register before!*

Museum of Science and Industry - Low Sensory Mornings

5700 S Dusable Lake Shore Drive
Chicago, IL 60637

www.msichicago.org/explore/whats-here/events/low-sensory-mornings/

- When: December 15 from 8:30-9:30am *register before!*
- Description: We are dedicated to removing barriers between individuals and science learning. Low-Sensory Mornings are events where guests can explore the Museum in a less crowded and more sensory-friendly environment before the Museum opens to the general public.

National Parks and Federal Recreational Lands Access Pass

www.nps.gov/subjects/accessibility/interagency-access-pass.htm

- Description: The Interagency Access Pass may be issued to US citizens or permanent residents of any age that have been medically determined to have a permanent disability (does not have to be a 100% disability) that severely limits one or more major life activities. The pass is available for free.

Sloomoo Institute - Slime Experience

820 N Orleans St.
Chicago, IL 60610

sloomooinstitute.com/pages/sloomoo-chicago

- Description: Sensory-Friendly Hour is a warm welcome to guests who are sensory sensitive and may have sensory processing differences. For those who are excited about slime, but want a slightly slower/quieter and less crowded experience, Sloomoo will lower the music and limit crowds to make time for everyone to enjoy. Headsets and nose plugs are available, upon request, for students who are triggered by noise and scent.

The Chicago Diner - Sensory Friendly Night (*Lakeview location only*)

3411 N Halsted St.
Chicago, IL 60657

www.veggiediner.com

(773) 935-6696

- When: Third Wednesday of every month, 5pm to closing
- Description: Unwind with lower lights & music. Please ask a team member about sensory supports like fidgets, headsets, or sensory-conscious menus. We're happy to help! All diners are welcome to join us on these nights.

Resource Lists & Search Engines

Chicago Neighborhood Resource Directory

www.chicagoresourcehub.com/wp-content/uploads/2016/03/chicago-neighborhood-resource-directory.pdf

- **Description:** This Directory has been compiled to assist Chicago families in connecting to available resources in their communities. It contains listings of services available to Chicago families in the areas of health care, nutrition, social services, education, senior services, and employment organized geographically by Chicago's 77 Community Areas.

City of Chicago Immigrant & Refugee Community Resources

www.chicago.gov/city/en/depts/mayor/supp_info/office-of-new-americans/community-resources.html

- **Description:** Numerous organizations throughout Chicago provide support to immigrants from all over the world. This page provides contact information for many of these resources.

Department of Children and Family Services Spider Search Engine

spider.dcf.illinois.gov/

- **Description:** The Service Provider Identification and Exploration Resource (SPIDER) is a free, comprehensive resource identification database for the state of Illinois. SPIDER connects service providers, individuals, families, and communities to useful and timely social service resources. It includes detailed information on more than 1,700 Agencies and over 4,200 Social Service Programs. All Agencies and Programs are geo-coded to allow Users to locate programs near their preferred location.

DSCC (Division of Specialized Care for Children) - Resource Directory

dsc.uis.edu/browse-resources/

- **Description:** Find resources for families and children with special health needs; transition tools; home care information; "All About Me" pages; parent-to-parent support; and social determinants of health information.

FindHelp Search Engine

www.findhelp.org

- **Description:** Find free or reduced-cost resources like food, housing, financial assistance, health care, and more.

Free & Affordable Legal Help in Cook County

nhschicago.org/wp-content/uploads/2023/02/Free-and-Affordable-Legal-Help-In-Cook-County.pdf

(312) 738-9200

Metropolitan Family Services

www.metrofamily.org/programs-and-services

- **Description:** Metropolitan Family Services provides a wide variety of programs and services designed to strengthen families and help them realize their full potential. Part mentor, part motivator, part advocate, Metropolitan empowers families to learn, to earn, to heal and to thrive through services provided in four key areas: education, economic stability, emotional wellness, and empowerment. From early learning, afterschool and job readiness programs to counseling, mental health services and legal assistance, we're here for you!

RUSH - Recreation for Children with Autism Resource List

www.rush.edu/services/autism-care/autism-resource-directory/resources-children/recreation-children-autism

- **Description:** Resources for Autism Camp Programs, Hippotherapy & Therapeutic Riding, and Sports & Play based on age range.